

AT WOODBRIDGE

sport



Woodbridge School



SPORT FOR ALL

The breadth of sporting opportunities for pupils of all ages and abilities is one of Woodbridge School's major strengths. With the emphasis firmly on participation and enjoyment, everyone can find their niche in either a team or individual sport.

In the Senior School, the boys play rugby, hockey and cricket as the main sports in the Autumn, Easter and Summer terms respectively with athletics, tennis and cross-country alongside. For the girls, it is hockey and netball in the first two terms followed by athletics and tennis with rounders and cross-country in support. Each year group fields two – sometimes three – teams in each main sport so that pupils can participate at their own level and benefit from the social interaction and boost to self-confidence that competitive sport can bring.

With its all-weather pitches, large indoor Sports Dome and extensive grounds, the School provides first-class facilities for all the major sports. Woodbridge also has some other, very special, sporting attractions to offer. On the River Deben, just five minutes from the School, the sailing club has a large fleet of dinghies; our equestrian club provides team training and hosts three major events each year while our golfers play locally and compete nationally.

NURTURING YOUNG TALENT

The School takes very seriously its role as the custodian of young talent. Our new Elite Performance Programme employs all the different strands of sports science, including psychology and fitness testing, to ensure that our star performers are able to fulfil their sporting potential.

Something for Everyone

*Archery
Athletics
Cricket
Cross-country
Equestrian
Fencing
Football
Golf
Hockey
Netball
Rowing
Rugby
Sailing
Swimming
Tennis
Windsurfing*



STARTING YOUNG

At Woodbridge, you are never too young to enjoy sport. At Queen's House, our pre-preparatory school, the children take full advantage of the delightful grounds for a wide-range of energetic play-time and sporting activities. Highlights include the annual Queen's House soccer tournament and, in the summer term, Sports Day – a mix of competitive fun and games in which all pupils, and their parents, take part.

SPORT AT THE ABBEY

Sport plays an important part in life at The Abbey, with our pupils participating in a wide range of activities with enthusiasm and commitment, deriving the maximum benefit from our first-class sporting facilities and high quality coaching.

The main sports for boys are football, rugby, hockey and cricket; for girls, netball, hockey and rounders. Everyone participates in athletics, swimming, cross-country and tennis, with Years 3 and 4 having timetabled swimming lessons.

The Abbey is very proud of the large number of teams of all abilities it fields with great success – and good sportsmanship – against other schools in the region and in national competitions.

TASTING SUCCESS

The School organises regular weekend and mid-week fixtures against other schools for teams of all ages and abilities. In hockey, our girls and boys regularly reach the county finals and have recently had success at national level. Woodbridge girls have achieved similar feats at netball, and at cricket and rugby we have a number of talented young sportsmen playing for Suffolk and the Eastern Counties and some have gone further towards national honours. Our sailors set the standard across the region, and the golf team frequently competes in national finals.



Sports Scholarships

Scholarships are awarded to pupils of considerable sporting talent and potential. The Scholarships are worth up to 25% of tuition fees. For more information, please contact the Admissions Officer.

Giving Something Back

Helping others in the wider community is a central tenet of life at Woodbridge and sport is no exception. Through our Sports Leadership scheme, pupils gain coaching qualifications so they can take sport into local primary schools to energise and enthuse younger children, many of whom have no regular sporting outlets. During the course of a year, our sports leaders will coach more than 1,000 children from the region.



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