

WOODBIDGE SCHOOLWeek commencing 6th February 2012**Monday****Tuesday****Wednesday****HOT MEALS**Ham and Sweetcorn Pie
Mash
Steamed GreensLamb Moussaka
Crusty Bread
Chunky Tomato, Cucumber, Parsley and Mint SaladBeef Chilli Con Carne
Rice
Sour Cream
GuacamoleMalaysian Style Prawn and Coconut Curry
Sticky RiceBeef Meatballs Marinara
Taglietelle
Fresh Parmesan
Green SaladCreamy Pesto Chicken
Penne Pasta
Green Garden Salad**VEGETARIAN**3 Cheese Macaroni Bake
FoccaciaCreamy Lentil and Mushroom Pie
TaglietelleMushroom and Spinach Lasagne
Baby Ruby Chard Salad**SALAD BAR**Lemon and Thyme Chicken/Plain Chicken
Kiln Roasted Salmon Pate
New Potato and Chive Salad
Pasta Salad with Fresh Pesto Tomato and Mozzarella
Slow Roast Tomato and Sweet Pepper Soup
Falafel/Apple Sausage Roll
Baked Jacket PotatoMixed Charcuterie (Salami, Chorizo and Parma Ham)
Prawn, Crayfish Tail and Cucumber Salad
Rocket, Watercress, Radicchio and Flatleaf Parsley salad
Cous Cous with Tomato and Fine Beans
Vegetable Soup
Bacon and Onion Tarte Flambé
Pasta
Baked Jacket PotatoJerk or Plain Chicken Drumsticks
Taramasalata
Char Grilled Polenta with Feta and Cucumber and Sweet Tomato
Dressing
Asian Rice Salad
Butternut Squash Soup
Selection of Indian Savouries
Baked Jacket Potato**DESSERTS**Steamed Chocolate Sponge with Chocolate Custard
Watermelon and Orange
Homemade Yogurt or Fruit JellyBlackberry Meringue Crush
Melon and Kiwi
Homemade Mousse or Fruit JellySticky Ginger Cake with Vanilla Custard
Pear and Grape
Homemade Yogurt or Fruit Jelly

Thursday

Roast Chicken with Bread Sauce
Shallot and Sage Stuffing
Roast Potato, Steamed Broccoli
Wood Roasted Root Vegetable

Chefs Special

Potato and Cauliflower Curry
Pilaf Rice and Popadom

Rare Roast Beef
A Selection of Seafood Sushi
Aubergine, Turmeric and Apricot Rice Salad
Beetroot and Carrot Salad with Pomegranate Dressing
Apple and Parsnip Soup
Roasted Pepper, Tomato and Golden Cross Cheese Millefeuille
Pasta
Baked Jacket Potato

Chocolate Brownies, Blondies and Rocky Road
Orange and Pineapple
Homemade Trifle or Fruit Jelly

Friday

Fish Pie
Sweetcorn and Peas
Green salad with Balsamic Dressing
Ciabatta Bread

Taglietelle Car Barona
Romaine and Tomato Salad
Balsamic Dressing

Mushroom and Sweetcorn Pizza
Mediterranean Style New Potato Salad
Green Salad

House Made Scotch Egg
Peppered Mackerel and Lime Pate
Tuscan Panzanella Bread Salad
Tebouleh (Fresh Herb and Buckwheat Salad)
Sweet Potato and Coriander Soup
Slow Roast Tomato and Confit Onion

Warm Raspberry Jam and Coconut Sponge with Ice Cream
Grapes and Banana
Homemade Yogurt or Fruit Jelly