

**Monday**

**Tuesday**

**Wednesday**

**HOT MEALS**

Toad in the Hole  
Mustard Mash/Plain Mash  
Buttered Kale, Savoy and Glazed Carrots  
Onion Gravy  
  
Smoked Haddock and Spring Onion Fishcakes  
New Potato  
Lemon Butter Sauce  
Baby Leaf Salad

Lamb Rogan Josh  
Onion Bhaji  
Pilaf Rice  
  
Beef Rhago Bolognaise  
Penne Pasta  
Garlic Pizza Bread  
Grated Cheddar and Parmesan

Steak and Ale Pie  
Potato Mash  
Swede and Carrot Mash  
Onion Gravy  
  
Chicken Schnitzel  
New Potato  
Kale, Peas and Fine Beans  
Garlic and Herb Butter

**VEGETARIAN**

Courgette, Mint and Feta Cake  
New Potato  
Lemon Butter Sauce  
Baby Leaf Salad

Mushroom, Spinach and Chickpea Rogan Josh  
Cucumber, Mint and Yogurt

Creamy Wild Mushroom Risotto

**SALAD BAR**

Salt Beef  
Taramasalata  
Baby Leaf Salad  
Sundried Tomato and Grilled Pepper Pasta Salad  
Roast Tomato Soup  
A Selection of Pizza

Sliced Butter Roasted Local Turkey  
Steamed Fillets of Salmon  
Roasted Aubergine, Squash and Cumin Rice Salad  
Rocket and Watercress  
Lightly Spiced Vegetable and Coconut Soup  
Warm Sausage Roll  
Montgomery Cheddar and Onion Quiche  
Pasta

Chicken Liver Pate  
Mackerel Escabeche  
Lemon and Mint Cous Cous Salad with Pea Shoots  
Greek Salad  
Sweet Pepper Soup  
Cheddar and Bacon or Onion Turnovers  
Baked Jacket Potato

**DESSERTS**

Apple Pie with Vanilla Custard or Cream  
Watermelon and Orange  
Fruit Mousse and Jelly

Chocolate Bread and Butter Pudding with Cream  
Melon and Kiwi  
Homemade Yogurt or Fruit Jelly

Blueberry Lemon Cake with Coconut Crumble Topping  
Pear and Grape  
Banoffee Trifle and Homemade Yogurt

## Thursday

Coq Au Vin  
Dauphinoise Potato  
Buttered Spinach  
Broccoli

Chefs Special

Root Vegetable and Tomato Gratin

Sliced Lamb  
Tuna Nicoise  
Vine Tomato and Gem Lettuce  
Beetroot, Capers and Red Onion  
Butternut Squash Soup  
Mushroom Focaccia Bread  
Pasta  
Baked Jacket Potato

Berry Crumble and Custard  
Orange and Pineapple  
Fruit Mousse and Fruit Jelly

## Friday

Oven Bake Fish with a Pesto Crust  
Roasted New Potato  
Spring Green Cabbage  
Fine Beans

Honey Roast Ham  
Poached Eggs  
Chips  
Peas and Sweetcorn

Taglietelle with Roasted Pepper, Tomato, Herb and Mozzarella

Poached Chicken Slices  
Chicken Caesar Salad  
Smoked Mackerel  
Caesar Salad  
Asian Slaw  
French Onion Soup  
Rarebit

Banoffee Cheesecake  
Grapes and Banana  
Homemade Yogurt or Fruit Jelly