

Monday

Tuesday

HOT MEALS

Local Pork Schnitzel (Crispy Breadcrumbs Coated) with
Garlic and Herb Butter
Crushed New Potatoes
Glazed Carrots and Fine Beans

Teriyaki Baked Fish
Sticky Jasmine Rice
Thai Style Carrot Salad and Sweet Chilli Sauce

Italian Style Lamb Meatballs with Tomato Sauce and
Mozzarella
Soft Parmesan Polenta and Pasta
Rocket Salad
Beef Massaman Curry and Fresh Coriander
Plain Rice
Fried Rice Noodles

Local Roast Beef and Yorkshire Puddings
Roast Potatoes
Seasonal Vegetables
Creamed Horseradish
Chicken Korma
Turmeric and Cardamom Pilaf Rice
Indian Style Onion salad
Popadom, Red Onion Bhaji

VEGETARIAN

Warm Leek and Gruyere Quiche
Buttered New Potato
Green Salad with Fine Beans

Spinach and Ricotta Lasagne
Radicchio and Air Dried Tomato Salad
Garlic and Herb Bread

Warm Falafel Tortilla Wraps
Shredded Gem Salad
House Made Houmus, Tzatziki

SALAD BAR

Lemon and Thyme Chicken or Poached Chicken
Kiln Roast Salmon Pate
New Potato and Chive
Pasta Salad with Fresh Pesto, Tomato and Mozzarella
Slow Roast Tomato and Sweet Pepper Soup
Falafel/Apple Sausage Roll

Thousand Island Dressing Prawn and Crayfish
Mixed Charcuterie (Sliced Meats)
Prawn, Crayfish Tail and Cucumber Salad
Rocket, Watercress, Radicchio and Flatleaf Parsley Salad
Cous Cous Salad with Fine Bean, Olives, Slow Roast
Tomato
Vegetable Soup
Slow Roast Pepper Sushi
Alsace Bacon and Onion Tarte Flambé

Jerk Chicken Drumsticks
Asian Rice Salad
Tzatziki
Taramasalata
Char Grilled Polenta with Feta and Cucumber
Butternut Squash Soup
Selection of Mini Indian Savouries

DESSERTS

Homemade Jam Doughnuts with Thick Vanilla Custard
Peach and Orange
Selection of Fresh Fruit
Homemade Yogurt or Fruit Jelly

Key Lime Pie
Melon and Kiwi
Selection of Fresh Fruit
Homemade Yogurt or Fruit Jelly

Warm Triple Chocolate Cookie, Chocolate Sauce and Vanilla Ice Cream
Watermelon and Strawberry
Selection of Fresh Fruit
Homemade Yogurt or Fruit Jelly

Thursday

Chicken and Suffolk Bacon Pie
Spring Onion Champ Mash Potato and Steamed Greens

Chef Special

3 Cheese Macaroni
Warm Herb Focaccia Bread
Wood Roasted Vegetable salad

Rare Roast Beef
Selection of Seafood Sushi
Aubergine, Turmeric and Apricot Rice Salad
Beetroot and Carrot Salad
Apple and Parsnip Soup
Roasted Pepper, Tomato and Golden Cross Cheese Millefeuille
Baked Jacket Potato
Pasta

Tunisian Orange and Polenta Cake with Crème Fraiche
Orange and Pineapple
Selection of Fresh Fruit
Fruit Jelly or Homemade Yogurt

Friday

Adnams Beer Battered Fish
Chunky Chips and Crushed Peas
Sticky Asian Style Pork Belly
Egg Fried Rice
Stir Fried Pak Choi with Ginger

Wild Mushroom and Chestnut Stroganoff
Herb Tagliatelle

House Made Scotch Egg
Peppered Mackerel and Lime Pate
Tuscan Panzanella Bread salad
Tebouleh Fresh Herb and Buckwheat Salad
Sweet Potato and Coriander
Chicken and Ham Raised Pie
Slow Roast Tomato and Confit Onion En Croute

Treacle Tart with Vanilla Custard
Grapes and Banana
Selection of Fresh Fruit
Fruit Jelly or Homemade Yogurt