

Monday

Tuesday

Wednesday

HOT MEALS

Roast Loin of Pork with Crackling and Apple Sauce
New Potato, Peas, Kale and Fine Beans
Gravy

Creamy Seafood Tagliatelle (Smoked Haddock, Crayfish
and Prawn
Salad of rocket and Romaine

Lamb Shepherds Pie
Peas and Savoy

Hoi Sin Crispy Beef
Stir Fried Vegetables
Egg Noodles

Chargrilled Aberdeen Angus Burger Bar
French Fries
Garlic Mayo, Sliced Cheese, Salsa
Romaine and Beef Tomato

Thai Green Chicken Curry
Jasmine Rice

VEGETARIAN

Italian Tomato and Herb Tagliatelle with Mascarpone
Salad of rocket and Romaine

Mediterranean Vegetable, Olive and Filo Bake
Radicchio and Sunblushed Tomato Salad

Warm Falafel Tortilla Wraps
Shredded Gem Salad
House Made Houmus, Tzatziki

SALAD BAR

Pastrami
Smoked Salmon, Cram Cheese Bagel
New Potato and Chive Salad
Fusilli Pasta and Tomato Pesto
Carrot and Coriander Soup
Mozzarella, Tomato and Basil Panini

Marmalade Glazed Ham
Smoked Haddock Pate
Wholegrain Mustard and Celeriac Coleslaw
Chargrilled Mediterranean Vegetable Salad
Creamy Mushroom Soup
Tomato, Onion and Cheddar Puff Pastry Pizza
Pasta

Crispy Streaky Bacon
Prawn and Cucumber Salad
Baby Ruby Chard and Spinach
Egg Mayonnaise
Minestrone Soup
Cheese and Leek Pastry

DESSERTS

Blackberry and Apple Filo Pie
Crème Fraiche
Orange and Watermelon
Fruit Mousse and Jelly

Fresh Fruit Salad and Cream
Melon and Kiwi
Homemade Yogurt and Fruit Jelly

Warm Chocolate Chip Flapjack, Chocolate Fudge Sauce and Vanilla Ice
Cream
Pear and Grape
Fruit Trifle
Homemade Yogurt

Thursday

Chicken with Tarragon and Cream
Mash Potato
Steamed Greens

Chef Special

Creamy Leek, Herb and White Wine Risotto
Warm Ciabatta Bread
Rocket Salad

Shredded Ham Salad with Honey and Mustard
Tuna and Sweetcorn Mayonnaise
Vine tomato, Basil and Mozzarella
Baby Leaf, Radicchio and Frisee Salad
Leek and Potato Soup
Cheese and Mushroom Filo Tart
Pasta

Lemon Polenta Cake with Crème Fraiche
Orange and Pineapple
Fruit Mousse and Jelly

Friday

Adnams Beer Battered Fish
Chunky Chips
Crushed Peas
House made Tartare Sauce
Sticky Asian Style Pork Belly
Egg Fried Rice
Stir Fried Pak Choi (Chinese Greens) with Ginger

Wild and Chestnut Mushroom Stroganoff
Herb Tagliatelle

Coronation Chicken
Pilchards
Petitpois, Chive and Feta Salad
Mediterranean Style New Potato Salad
Broccoli and Blue Cheese Soup
Fresh Focaccia Bread

Caramelised Apple Steamed Sponge and Butterscotch Sauce and Cream
Grapes and Banana
Yogurt and Jelly