

## Woodbridge School PSHE – Senior School

### 1 Policy Statement

The school recognizes its responsibility in developing pupils' spiritual, moral, social and cultural awareness. The Personal, Social and Health Education programme forms an integral part of how the School meets this responsibility.

The PSHE programme contributes to the work of other areas of the school in enabling pupils to develop their self-knowledge, self-esteem and self-confidence; in enabling them to distinguish right from wrong and to respect the law; in encouraging them to accept responsibility for their behavior, show initiative and understand how they can contribute to community life; in providing them with a broad general knowledge of public institutions and services in England; and in assisting them in acquiring an appreciation of and respect for their own and other cultures in a way that promotes tolerance and harmony between different cultural traditions.

### 2 Definition

Spiritually in the non-material element of a human being, acquiring a sense of identity, self-worth, personal insight, meaning and purpose, within a system that gives opportunities to explore values and beliefs, including religious beliefs, and the way they affect people's lives.

Morally, including their ability to distinguish right from wrong and to respect the law.

Socially, through an ability to accept responsibility for their behaviour, show initiative, and understand how they can contribute to community life, and through a broad, general knowledge of public institutions and services in England.

Culturally by acquiring an appreciation of and respect for their own and other cultures in a way that promotes tolerance and harmony between different cultural traditions. (Information provided by the Independent Schools' Inspectorate.)

### 3 Procedure

PSHE is delivered through a formal series of presentations, lectures and workshops at fixed points in the year. In addition the tutorial sessions, and various ad hoc meetings supplement and enhance this provision. Support materials for the tutorial sessions are available to assist tutors.

The formal PSHE programme includes issues such as smoking, drugs, alcohol, relationships and sex education, as well as exploration of other adolescent anxieties. Treatment of such topics must be along two parallel paths:

Firstly, pupils should recognize the disciplinary aspects; they must be fully aware of the consequences of any behaviour which contravenes either School rules or national laws. Treatment of any pupil who breaks these rules, whenever he or she is recognizable as a member of the School community, will be unequivocal. (See below) Although it overlaps to some extent with PSHE, “Citizenship” is covered in a separate course.

Secondly, the treatment must be educational and supportive; it would be rare for any adolescent, either at Woodbridge or elsewhere, not to be put under some kind of pressure at some stage during his or her teenage years. Pupils must be fully aware of the biological aspects of these topics; they must be fully aware of the statistical evidence that has been built up over many years and they must learn about them in a context that is broadly Christian.

There is much debate on the best time for dealing with these issues. Certainly, we believe that it is wrong to talk about them as a one-off and most experience in the field of health education would acknowledge the appropriateness of a cyclical approach.

Pupils receive their science textbooks in September, and this includes a chapter on sexual reproduction. Parents may wish to view the approach. However, the topic is not addressed until December/January. A video is usually shown which includes a live birth and animated drawings of sexual intercourse. It also explains IVF treatment, puberty etc. The subject is taught from the biological viewpoint and does not include contraception unless the class discussion goes in that direction. It is however made clear that one act of intercourse can result in pregnancy.

Any useful PSHE course will, as a result, always be in a state of flux in the light of this debate; the School Medical Officer and the Chaplain are fully involved, along with the PSHE Co-ordinator. At present, the course is delivered by a combination of outside experts and members of the Common Room. Time is given for tutorial discussion. Parents have the right to withdraw their child from any session and should do so in writing to their child’s tutor beforehand. In addition, a group of trained students from Years 12/13 offer “Pupil Support” to younger pupils.

In the sixth form, PSHE provision is steered towards helping pupils prepare for life beyond school. Leadership, self-motivation and independent learning are covered, alongside issues such as safe driving, charitable work and GAP year planning.

The current formal PSHE programme is provided; that for 2009-2010 academic year is in preparation.

<b>PRESENT YEAR GROUP</b>	<b>2006 –2007</b>		<b>2007 –2008</b>		<b>2008 –2009</b>	
	<b>NOVEMBER</b>	<b>JUNE</b>	<b>NOVEMBER</b>	<b>JUNE</b>	<b>NOVEMBER</b>	<b>JUNE</b>
<b>Year 7</b>	Body Awareness Anti-Bullying Quizzes	Fire Safety Smoking Healthy Eating Games/Quizzes	Body Awareness, emotional & physical changes Anti-Bullying – why does it happen? What should you do if it happens to you? Friendships – what makes them work or not work?	Healthy Eating – A Diet to Keep you Fit Smoking and its hazards Fire Safety	Body Awareness, emotional & physical changes Anti-Bullying – why does it happen? What should you do if it happens to you? Friendships – what makes them work or not work?	Healthy Eating – A Diet to Keep you Fit Smoking and its hazards Fire Safety
<b>Year 8</b>	Embryology & Childbirth Alcohol Listening Skills	Health/Relationships Drug Awareness Internet Safety	Alcohol Awareness Listening Skills Embryology & Childbirth	Positive Mental Attitude/Positive Thinking Drugs Awareness Internet Safety Understanding Your Emotions	Alcohol Awareness Listening Skills Embryology & Childbirth	Positive Mental Attitude/Positive Thinking Drugs Awareness Internet Safety Understanding Your Emotions
<b>Year 9</b>	Relationships Careers Healthy Eating	Relationships Self Awareness Drugs	Travel Safety Abroad: Malaria Awareness Careers Chemicals	Relationships Self Awareness Drugs	Travel Safety Abroad: Malaria Awareness Careers Chemicals	Relationships Self Awareness Drugs

<b>Year 10</b>	Contraception Cancer	Calculated Risk Self Esteem Careers	Cancer Awareness Contraception Drug Awareness	Calculated Risk Self Esteem Careers	Cancer Awareness Contraception Drug Awareness	Calculated Risk Self Esteem Careers
<b>Year 11</b>	STIs, Personal Awareness Study Skills	Alcohol Self Esteem Careers	Study Skills STIs AIDS Awareness	Alcohol Self Esteem Careers	Study Skills STIs AIDS Awareness	Alcohol Self Esteem Careers
<b>Year 12</b>	Independent learning, self- motivation, and study skills	Leadership and self- awareness	Independent learning, self- motivation, and study skills	Leadership and self-awareness	Independent learning, self- motivation, and study skills	Leadership and self-awareness

## **PARTIES INVOLVING MEMBERS OF THE SCHOOL**

As many parties have a heavy Woodbridge bias, the School does have an interest in whether they take place in term or not. It is very easy, through lack of proper organisation, for parties to go badly wrong. Many parents have asked if we would publish the following points which it might be helpful to establish if your child wishes to attend a party:

### **Parties – A Parents’ Guide**

It is, of course, entirely a matter for parents themselves, but the following may be useful issues to consider:

#### **In Your Own Home**

- 1) Clear guest list
- 2) Clearly agreed start and end time
- 3) Clearly agreed alcohol limit (None is acceptable!)
- 4) Screening of bags, etc., for brought in alcohol
- 5) Clear agreement which rooms are to be used – upstairs off limits
- 6) Clear agreement about use (or non-use) of garden/drive for smoking
- 7) Appointment of someone responsible on the front door to send away gate crashers
- 8) Parents or responsible ‘adult’ (not just older teenage sibling) in subtle attendance
- 9) Expect and welcome phone calls from other equally responsible and caring parents enquiring about arrangements
- 10) Ensure as far as possible that food is served
- 11) Restrict guests from leaving and then returning

#### **In Others’ Homes**

- 1) Talk to parents holding it – it is perfectly reasonable to ask:
  - a) Is your child invited?
  - b) Is it invitation only?
  - c) Will the parents be in attendance?
  - d) Is it ‘bring a bottle’?
  - e) What boundaries will they be setting?
  - f) What time does it finish?
  - g) If it’s a sleep-over – what arrangements have been made?
- 2) Discuss with your child beforehand:
  - a) Contact number if you are not at home
  - b) Transport arrangements to get home
  - c) If using a taxi, ensure it’s a named taxi company at a pre-booked time
  - d) Time limits
  - e) Beware the ‘low alcohol’ punch

- f) Spiking of drinks – don't leave drinks unattended
- g) Basic First Aid – If a friend did get very drunk what action should they take

We are very grateful for the support of parents in not holding 18<sup>th</sup> birthday parties on weekday evenings during term time, or allowing Year 11, 12 and 13 pupils to go to local nightclubs. Many of these nightclubs encourage attendance by the issuing of free tickets to potential customers.

In addition, we strongly urge that parties celebrating the end of GCSE and A level are delayed until after the final exams.

## **SMOKING**

Smoking is against the School rules and any member who is caught will be disciplined. Woodbridge School is a non-smoking site: parents and all visitors are requested to find bicycle sheds outside the main perimeter.

## **DRUGS**

Any pupil discovered in term-time or holidays, at School or elsewhere, and who is recognisable as a member of the School community, to be in possession of drugs, using drugs, passing drugs, under the influence of drugs or promoting the drugs culture, may expect to be suspended temporarily and, in many cases, permanently. The term "drugs" includes solvents and similar substances. The police will be informed of any pupil who is believed to be breaking the law.

If any pupil approaches a member of staff for help or advice over drugs, we shall do everything in our power to be sympathetic. At the same time, there is a duty to protect other pupils and the reputation of the School. Pupils should be aware that a pupil can be recognisable as a member of the community even when he or she is off the School property and out of uniform, for instance, at a Saturday evening party.

Information about drugs will always be dealt with confidentially, and we hope members of the school community (parents and pupils) will see it as protecting others to pass on such information direct to the Headmaster.

## **SEX**

Any pupil engaging in any kind of sexual activity on the school site, travelling to and from school, or on a school trip, will be disciplined, can expect to be suspended, in some cases permanently. The police will be informed if appropriate.

Pupils can obtain specific advice from Mrs P Wilson, the Day Matron.